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**REG. NO.: CSSL/2023/53**

**CLASS: JS 1 EMERALD**

**SUBJECT: CIVIC EDUCATION**

**1. Meaning of Self-Reliance:**

- Self-reliance refers to the ability and capacity of individuals, communities, or nations to rely on their resources, skills, and initiatives to meet their needs, achieve goals, and solve problems without depending excessively on external assistance or support. It emphasizes independence, autonomy, and self-sufficiency in various aspects of life.

**2. List and Explain Eight Attributes of Self-Reliance:**

- **1. Independence:**

- **Explanation:** Independence involves the ability to make decisions, take actions, and fulfill responsibilities without undue influence or reliance on others. It signifies autonomy and the freedom to determine one's path and destiny.

- **2. Initiative:**

- **Explanation:** Initiative refers to the proactive approach of taking action, seizing opportunities, and addressing challenges without waiting for external prompts or instructions. It demonstrates proactive behavior and a willingness to drive change and progress.

- **3. Resourcefulness:**

- **Explanation:** Resourcefulness entails the ability to utilize available resources effectively, creatively solve problems, and adapt to changing circumstances. It reflects ingenuity, creativity, and the capacity to find solutions even with limited resources.

- **4. Resilience:**

- **Explanation:** Resilience refers to the ability to withstand adversity, bounce back from setbacks, and maintain a positive outlook in the face of challenges. It embodies perseverance, determination, and the strength to overcome obstacles and adversities.

- **5. Accountability:**

- **Explanation:** Accountability involves taking responsibility for one's actions, decisions, and commitments. It signifies integrity, honesty, and the willingness to be answerable for one's conduct and its outcomes.

- **6. Adaptability:**

- **Explanation:** Adaptability entails the capacity to adjust to new situations, environments, or changes effectively. It reflects flexibility, open-mindedness, and the ability to embrace change, learn from experiences, and evolve accordingly.

- **7. Empowerment:**

- **Explanation:** Empowerment involves fostering self-confidence, enabling individuals or communities to realize their potential, and equipping them with the necessary tools, knowledge, and skills to succeed. It signifies the enhancement of capabilities, autonomy, and the promotion of self-determination.
  
- **8. Sustainability:**
  - **Explanation:** Sustainability entails the ability to maintain and sustain efforts, initiatives, or resources over the long term, ensuring continuity and long-lasting impact. It reflects prudent management, foresight, and a commitment to preserving resources, fostering resilience, and achieving lasting results.

These attributes collectively contribute to fostering self-reliance, enabling individuals, communities, or nations to cultivate independence, resilience, and sustainability, and effectively navigate challenges, achieve goals, and create positive change.